



# Cosmic Controversies

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# The Multiverse

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UChicago Gleacher Center  
Chicago, Illinois

# Implicit Bias



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We can describe galaxy formation in scientific terms — and there are many many galaxies.

We can describe star formation in scientific terms — and there are many many stars.

If we can describe universe formation in scientific terms — the ultimate goal of cosmology — then we should expect many many universes.

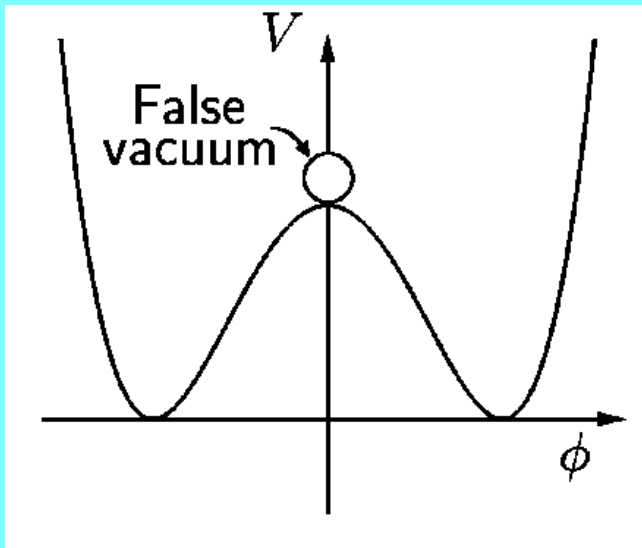


# Three Winds Blowing Us Towards the Multiverse

In the past decades, three important developments have pointed us towards a multiverse.

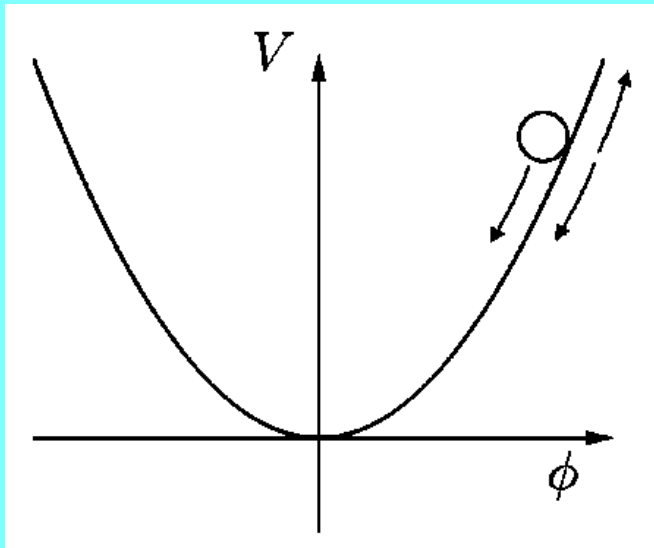
## 1) Almost all inflationary models allow eternal inflation:

Once inflation starts, it never globally stops. It stops in places, forming pocket universes, but elsewhere it continues.



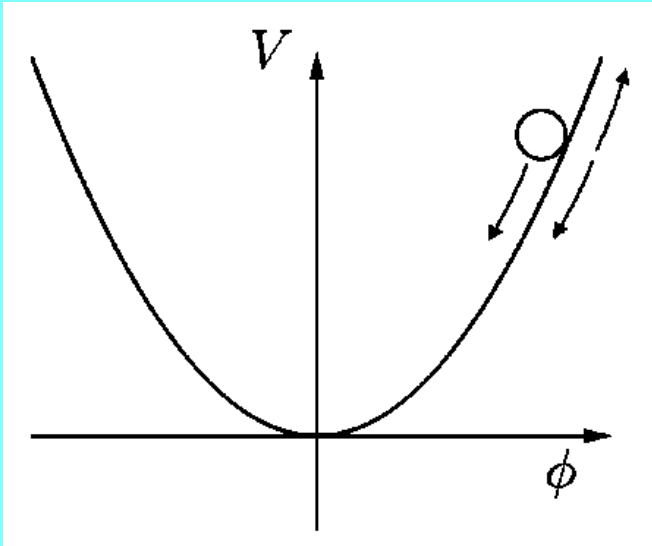
The probability to remain at the top of the hill falls off exponentially with time. BUT: in any successful model of inflation, the exponential expansion is faster. The volume of space with  $\phi \approx 0$  grows exponentially with time.

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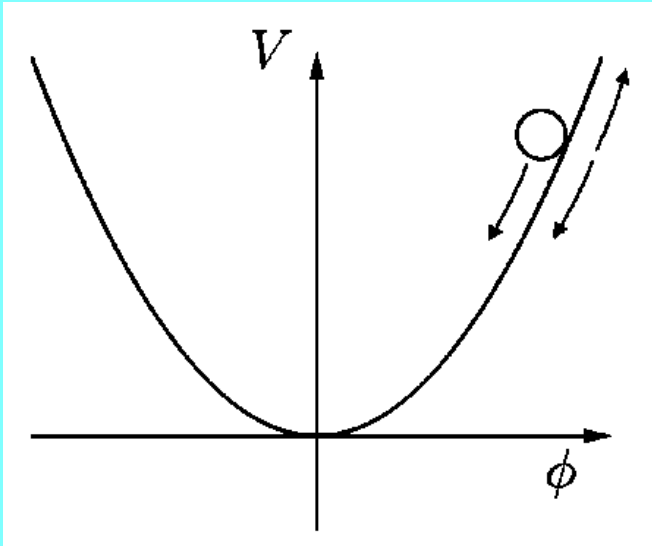
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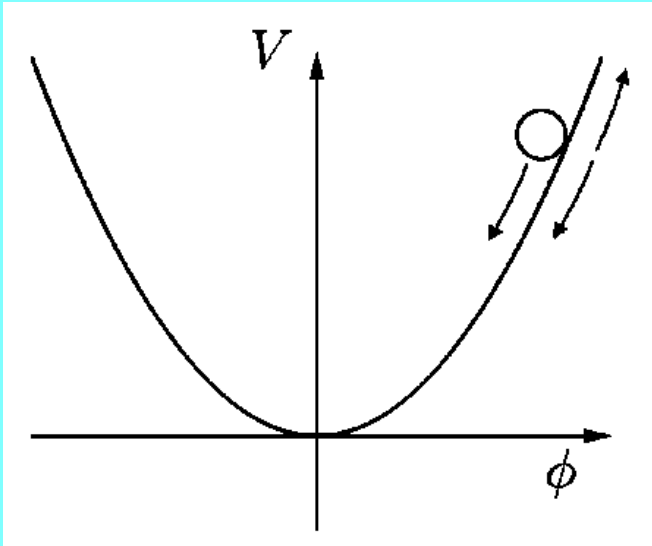


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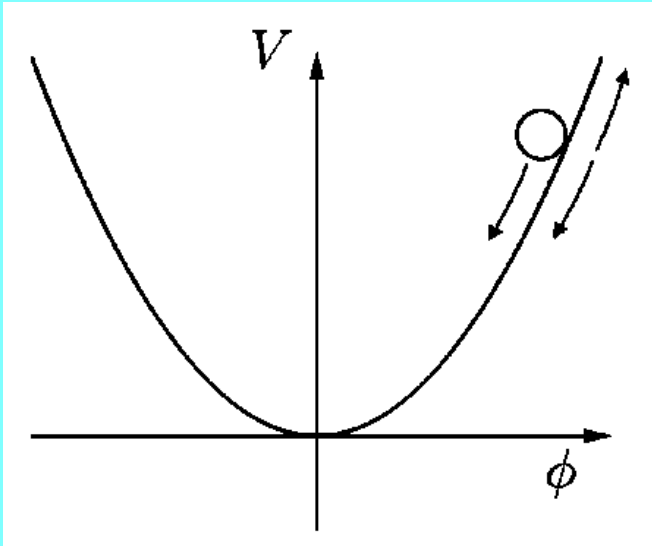


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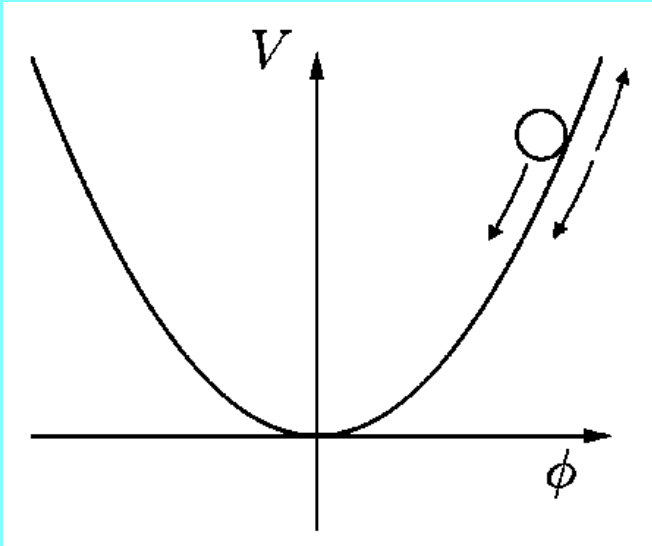


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If eternal inflation is allowed, it seems to me that it would be the only logical option. Its duration gives it an advantage over one-shot inflation by a factor of infinity, which is a large number. If eternal inflation starts just once in all of eternity, we have a multiverse.



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**WHY?**



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If there are  $10^{500}$  or more vacuum-like states, with  $\rho_{\text{vac}}$  ranging from  $\mathcal{O}(-M_{\text{Planck}}^4)$  to  $\mathcal{O}(+M_{\text{Planck}}^4)$ , then there will be plenty with  $\rho_{\text{vac}} \sim 10^{-120} M_{\text{Planck}}^4$ .



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Selection effect: if  $|\rho_{\text{vac}}| \sim M_{\text{Planck}}^4$ , then the lifetime of the universe is  $\sim M_{\text{Planck}}^{-1} \sim 10^{-43}$  seconds.

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Life can only form if  $|\rho_{\text{vac}}| \ll M_{\text{Planck}}^4$ . This selection effect is certainly in the right ballpark to explain the observed value of  $\rho_{\text{vac}}$ .

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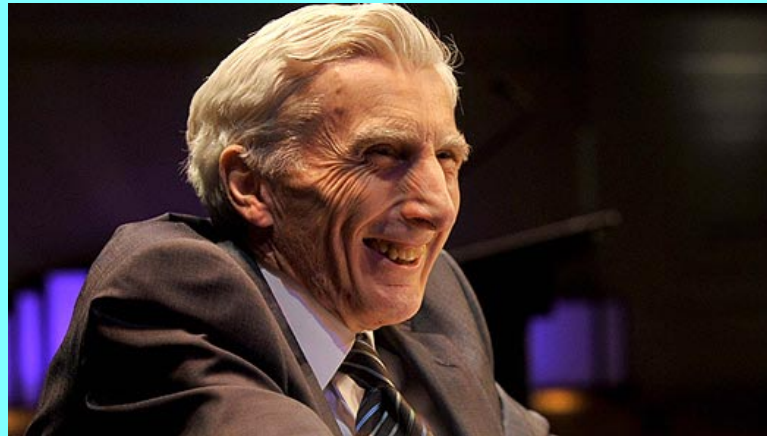
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- ★ But I would advocate that anthropic explanations be thought of as the explanation of last resort — the best evidence for an anthropic explanation is the absence of any other.

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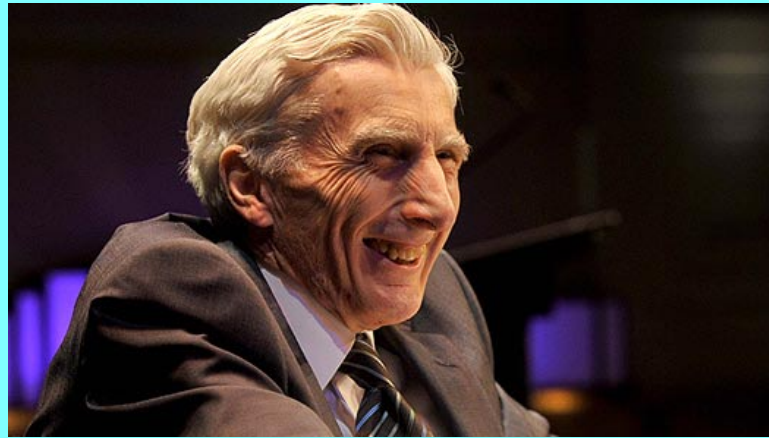


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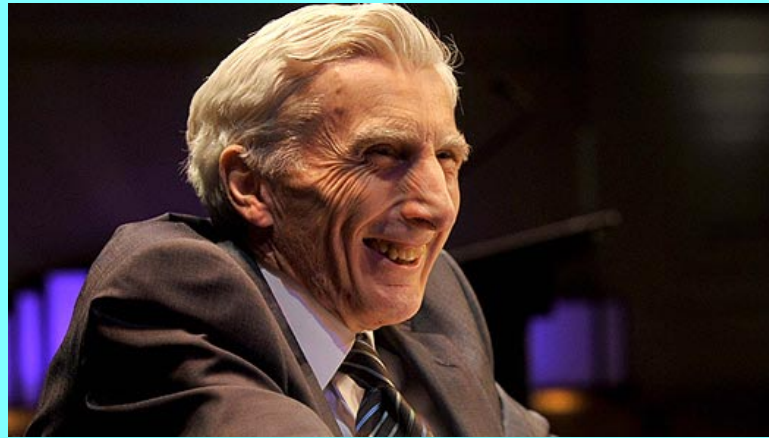
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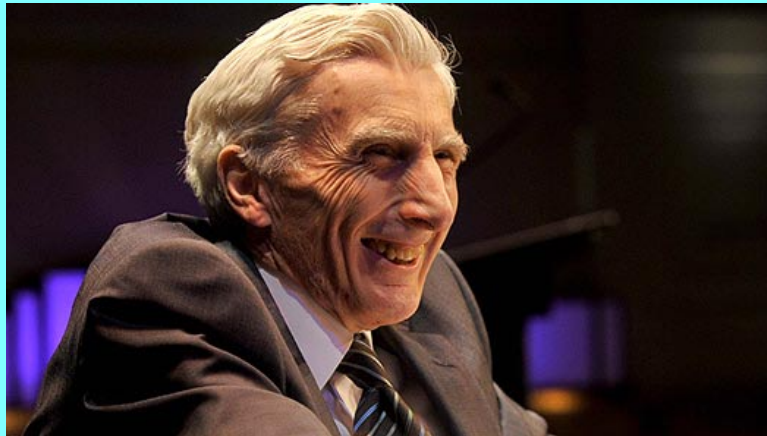
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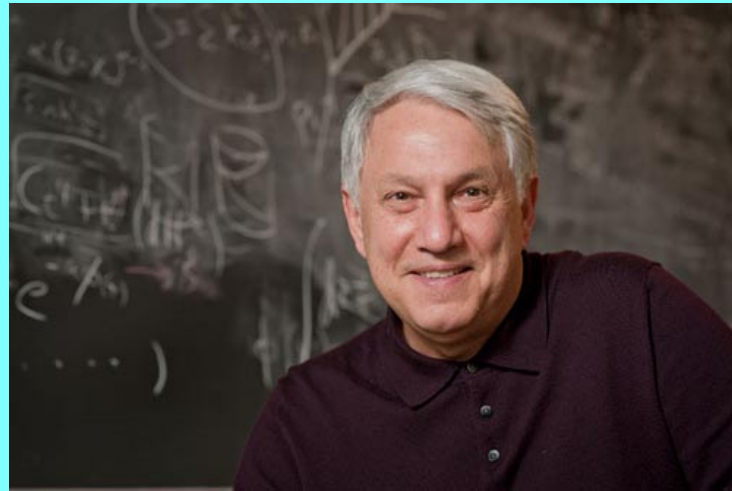


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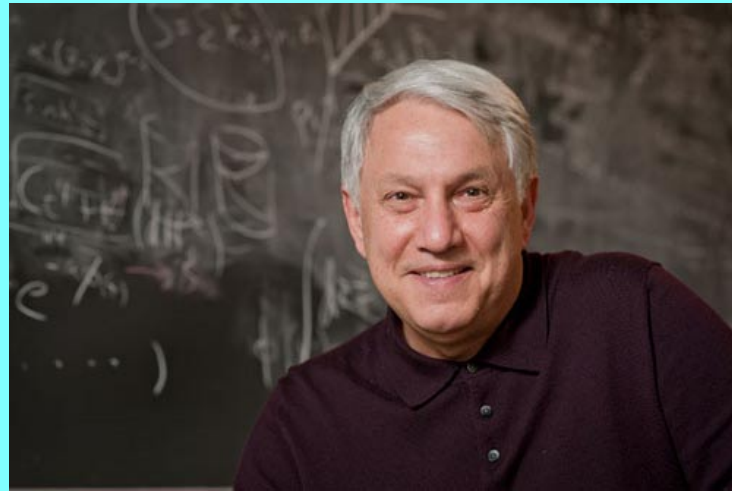
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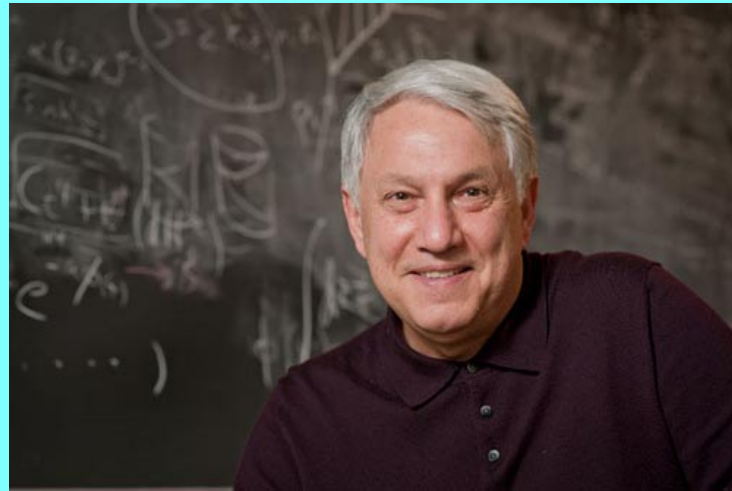


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