The effective field theory of axion monodromy

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arxiv:1101.0026 with Nemanja Kaloper (UC Davis) and Lorenzo Sorbo (U Mass Amherst) arxiv:1105.3740 with Sergei Dubovsky (NYU) and Matthew Roberts (NYU) arxiv:1203.6656 arxiv:1404.2912 with NK Work in progress with NK and Alexander Westphal

I. Large field inflation

$$\frac{\Delta\phi}{m_{pl}} \sim \sqrt{\frac{r}{0.01}} \sim \frac{\sqrt{V}}{(1.06 \times 10^{16} \ GeV)^2}$$

Turner; Lyth

"High scale": $V^{1/4} \sim 10^{16}~GeV ~\sim M_{GUT} \Rightarrow \Delta \phi > m_{pl} \sim 2 \times 10^{18} GeV$

Why is this confusing?

$$V \sim \sum_{n} c_n \frac{\phi^n}{M^{n-4}}$$

• UV scale $M \lesssim m_{pl}$

• Slow roll inflation (canonical kinetic terms)

$$M = m_{pl}: c_n \ll 1 \ \forall n: c_2 \lesssim 10^{-10}; c_4 \lesssim 10^{-12} \ldots$$

Where is the danger?

(1) loops of inflaton, graviton give suppressed couplings

$$V_{loop} = V_{class} F\left(\frac{V}{m_{pl}^4}, \frac{V'}{m_{pl}^2}, \ldots \right) \ \text{Coleman and Weinberg; Smolin; Linde}$$

perturbative corrections preserve symmetries

$$\phi \to \phi + a$$

(2) UV completion generically expected to break global symmetries

Hawking radiation, wormholes, couplings to other sectors...

(absent some mechanism!)

$$\delta \mathcal{L} \sim \sum_{i} g_i \frac{A_i^{s.b.}}{m_{pl}^{\Delta_i - 4}} ; g_i \sim \mathcal{O}(1)$$

Natural/pseudonatural inflation

Adams, Bond, Freese, Frieman, Olinto; Arkani-Hamed, Cheng, Randall

$$\phi \equiv \phi + 2\pi f_{\phi}$$
 forbids direct corrections $\delta V \sim \frac{\phi^n}{m_{pl}^{n-4}}$
 $V = \Lambda^4 \cos\left(\frac{\phi}{f_{\phi}}\right) + \cdots$ \leftarrow Dynamical, nonperturbative breaking

Match to data: requires $f_{\phi} > m_{pl}$

Problem: $\delta V \sim \Lambda^4 \sum_{n>1} c_n \cos(n\phi/f_\phi)$

$$c_n \sim e^{-nS}, \ S \lesssim \left(\frac{m_{pl}}{f_{\phi}}\right)$$

Banks, Dine, Fox, and Gorbatov; Arkani-Hamed, Motl, Nicolis, and Vafa

II. Axion monodromy inflation in 4 dimensions

Kaloper and Sorbo; Kaloper, Lawrence, and Sorbo; Kaloper and Lawrence

Combines chaotic, natural inflation

$$S_{class} = \int d^4x \sqrt{g} \left(m_{pl}^2 R - \frac{1}{48} F^2 - \frac{1}{2} (\partial \varphi)^2 + \frac{\mu}{24} \varphi^* F \right)$$

$$\begin{split} F_{\mu\nu\lambda\rho} &= \partial_{[\mu} A_{\nu\lambda\rho]} \\ \delta A_{\mu\nu\lambda} &= \partial_{[\mu} \Lambda_{\nu\lambda]} \\ \varphi &\equiv \varphi + 2\pi f \end{split} \qquad \textbf{Compact U(I) gauge symmetry}$$

F does not propagate.

Can jump across domain walls/membranes Brown and

Brown and Teitelboim

Effective field theory for original and recent string models, unwinding inflation



(Perhaps after some duality transformation)

Marchesano, Shiu, and Uranga; Kaloper, Lawrence, and Westphal

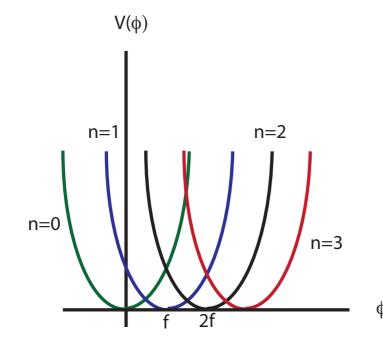
But note UV completions still very important!

Hamiltonian: $H_{tree} = \frac{1}{2}p_{\phi}^2 + \frac{1}{2}(p_A + \mu\phi)^2 + grav.$

Compactness of gauge group: $p_A = ne^2$ n jumps by membrane nucleation

Consistency condition: $\mu f_{arphi} = e^2$

Monodromy: theory invariant under $\varphi \to \varphi + 2\pi f \; ; n \to n-1$



Absent transitions: equivalent to

$$V = \frac{1}{2}\mu^2\varphi^2$$

Fits data OK if: $\mu \sim 10^{-5} m_{pl}$ ~~ can still have $f < m_{pl}$

 $e \sim M_{GUT} \Rightarrow f \sim .1 m_p$ + observable GW

Will assume this can be achieved by some natural mechanism: worry about corrections

Why does this work?

Basic points:

- $\varphi \equiv \varphi + 2\pi f$ still protects theory from direct corrections $\delta V \sim \frac{\varphi}{m_{nl}^{n-4}}$
- \bullet Coupling of $\ \varphi$ to F: $\mu \varphi F \ %$ governed by single small parameter

Corrections:

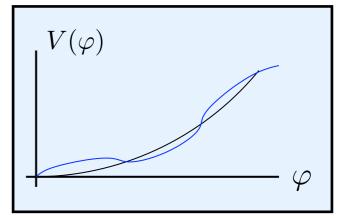
(I) Instanton effects

Couple φ to nonabelian gauge field $\,G\,$

$$\delta L = \frac{\varphi}{f} \operatorname{tr} G^* G$$

Instanton corrections: $\delta V \sim \Lambda^4 \cos \frac{2\pi\varphi}{f} + \dots$

Easy to make subleading: interesting signatures cf Eva's talk



(2) Corrections to 4-form energetics: $\delta L = \frac{1}{M^{4n-4}} F^{2n}$

Effective potential: $\delta V = \frac{(\mu^2 \varphi^2)^n}{M^{4n-4}}$

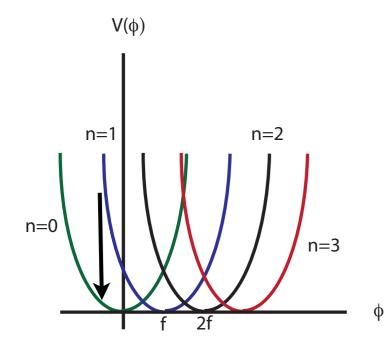
Corrections small if $M^4 \gg V_{inf} \sim \sim (10^{16} \ GeV)^4$

(3) Coupling to moduli: $V = V_0(\psi) + \frac{1}{2}\mu^2 \left(\frac{\psi}{m_{pl}}\right)\varphi^2 + \Lambda^4 \sum_n c_n \left(\frac{\psi}{m_{pl}}\right) \cos\left(\frac{n\varphi}{f_{\varphi}}\right)$ ψ stable if $M_{\psi} > \frac{\sqrt{V_{inf}}}{m_p} \sim 10^{14} \ GeV$

and minimum of μ wrt ψ within a Planck distance from minimum of V_0

but see Dong, Horn, Silverstein, Westphal; McAllister, Silverstein, Westphal, and Wrase

Quantum stability



(I) Jumps between branches

$$n \rightarrow n-1$$

For "unwrapped" φ

 $\Delta \varphi = f$

For $f > H \sim 10^{14} \; GeV$ ruled out by observation

transition rate must be slow compared to time scale of inflation

Constraints:

Transitions occur by bubble nucleation. Let:

• T = tension of bubble wall
• E = energy difference between branches
Decay probability:
$$\Gamma \sim \exp\left(-\frac{27\pi^2}{2}\frac{T^4}{(\Delta E)^3}\right)$$
 (thin wall) Coleman

Phenomenological bound on T: branch-changing bubbles

$$\varphi = N f_{\varphi} ; \Delta \varphi = f_{\varphi}$$
$$\Delta E^4 \sim V'(\varphi) f_{\varphi} \sim \frac{V}{N}$$

N.B.: E larger for large V; transitions more likely early in inflation

$$\Gamma \ll 1 \Rightarrow T^{1/3} \gg \left(\frac{2}{27\pi^2 N^3}\right)^{1/4} V^{1/4}$$

Let:
$$f_{\phi} \sim .1 \ m_{pl}; \ N \sim 100; V \sim M_{gut}^4$$

$$T \gg (.2V^3)^{1/4} \sim (.9M_{gut})^3$$

- Borderline; should check against explicit models
- UV complete 2d models:T ~ M AL

(2) Jumps of parameters

$$L_{\varphi-F} = \mu\left(\frac{\psi}{m_p}\right)\varphi F$$

 $V(\psi)$ can have multiple local minima; transitions cause μ to jump Not restricted to monodromy inflation! Can occur during, after inflation

$$\Delta \mu \sim 0.1 \mu \Rightarrow P_{jump} < 1 \text{ if } T^{1/3} > .5 M_{GUT}$$

 $\Delta E \sim \left(\frac{\Delta \mu}{\mu}V\right)^{1/4} \Rightarrow$ Jumps more likely at earlier times

Interesting signatures?

Monodromy from strongly coupled gauge theory

Large-N gauge dynamics

$$S_{class} = \int d^4x \sqrt{g} \left(m_{pl}^2 R - \frac{1}{4g_{YM}^2} \text{tr}G^2 - \frac{1}{2} (\partial\varphi)^2 + \frac{\varphi}{f_{\varphi}} \text{tr}G \wedge G \right)$$

G: field strength for U(N) gauge theory with N large; strong coupling in IR Instanton expansion breaks down Witten; Giusti, Petrarca, and Taglienti

$$H \sim H_{gauge} + \frac{1}{2}p_{\varphi}^2 + \frac{1}{2}\left(n\Lambda^2 + \mu\varphi\right)^2 + \dots \qquad \text{for} \quad \varphi/f \ll 1$$

 Λ strong coupling scale of U(N) theory

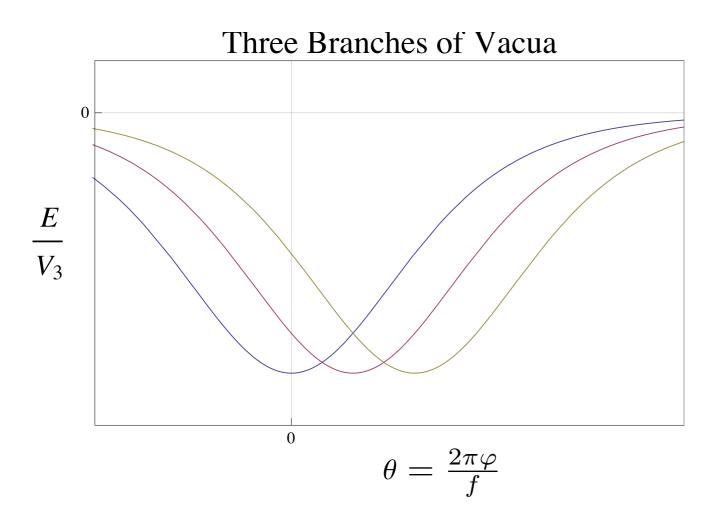
$$\mu = \Lambda^2 / f$$

 $E(\varphi) \sim N^2 \mathcal{E}\left(\frac{\varphi}{Nf}\right) \Rightarrow \text{ monodromy potential}$ $\operatorname{tr} G \wedge G = F^{(4)}$ Dvali

Example Witten; Dubovsky, Lawrence, and Roberts

N type IIA D4-branes wrapped on S^1 with radius β Antiperiodic boundary conditions for fermions break SUSY Massless sector: U(N) gauge theory

 $N \to \infty, \lambda = g_{4,YM}^2 N \,$ fixed: theory has gravitational dual w/ monodromy $\,$ Witten



Transitions between branches strongly suppressed

Improved version of natural inflation

$$x = \frac{\lambda\varphi}{2\pi Nf}$$
$$\frac{E}{V_3}(x) = \frac{2\lambda N^2}{3^7 \pi^2 \beta^4} \left(1 - \frac{1}{(1+x^2)^3}\right)$$

Match to CMBR

$$V \sim A - \frac{B}{\varphi^6} \Rightarrow n_s \sim 0.965 \ ; \ r \sim 8 \times 10^{-4}$$

 $\Delta \varphi \sim 2m_{pl} \ ; \ x > 1$

see also Dine, Draper, and Monteux

III. Corrections

"High scale" stringy models consistent with unification at M_{GUT}

Heterotic models, M on G2, type II with branes,...

$$M_{uv} = (m_s, m_{10,pl}, m_{11,pl}, m_{KK}) = \left(\frac{1}{\text{few}} - \text{few}\right) \times M_{GUT}$$
$$M_{moduli} \lesssim H = \frac{M_{GUT}^2}{m_{pl}} \text{ without extra work}$$

- $V \sim M_{GUT}^4$ motivates deeper study of "stringy" compactifications • Corrections due to LIV physics at edge of being observable
- Corrections due to UV physics at edge of being observable

"Edge of respectability"

(I) Corrections to potential

$$V = \frac{1}{2}\mu^2\varphi^2 + c\frac{\left(\frac{1}{2}\mu^2\varphi^2\right)^2}{M_{uv}^4} + \dots$$
$$= \frac{1}{2}\mu^2\varphi^2 \pm \lambda\varphi^4 + \dots$$

Example
$$c \sim 1, M_{uv} = 2.3 \ M_{GUT} \Rightarrow \begin{cases} r \sim .2 \\ \frac{\Delta P_S}{P_S} \sim \pm .18 \end{cases}$$

(2) Nonperturbative jumps in n,μ

Fluctuations in bubble walls

$$S = T \int d^3 x (\partial X)^2 \Rightarrow \delta(\sqrt{T}X) = \sqrt{H}$$
$$T^{1/3} \sim M_{GUT} \Rightarrow \text{ Fluctuations in bubble walls compete w/ inflaton fluctuations}$$

Fluctuations in bubble walls compete w/ inflaton fluctuationsD'Amico, Gobetti,
Kleban, and SchilloTransition just before visible epoch \Rightarrow hemispherical asymmetry

IV. London equation for monodromy

Kaloper, Lawrence, and Westphal

Dual of axion-4 form

$$\mathcal{L} = -\frac{1}{48} (F^{(4)})^2 - \frac{1}{2} \mu^2 \left(A^{(3)} - \frac{1}{\mu} H^{(3)} \right)^2 + \varphi^* dH$$

• Integrate out H

$$\mathcal{L} = -\frac{1}{48} (F^{(4)})^2 - \frac{1}{2} (\partial \varphi)^2 - \mu \varphi^* F$$

• Integrate out $\varphi:\, H=dB^{(2)}$

$$\begin{array}{l} A \rightarrow A + d\Lambda \\ B \rightarrow B + \Lambda \quad \mbox{B can be gauge fixed to zero} \\ \mathcal{L} = -\frac{1}{48} (F^{(4)})^2 - \frac{1}{2} \mu^2 A^2 \end{array}$$

Should be renormalizable (cf massive QED)

 $\varphi\,$ dual to longitudinal mode of A

Julia-Toulouse mechanism Julia and Toulouse; Quevedo and Trugenberger

Membranes electrically charged under A

$$\mathcal{L} = -\frac{1}{48} (F^{(4)})^2 - \frac{1}{2} \mu^2 A^2$$

4-form coupled to membrane condensate?

• UV complete model (eg via string theory)?

D-brane condensates often dual to fundamental fields

Strominger; Witten; ...

• Mechanism for small μ ?

2d analog: Schwinger model

Charged fermions = 2d domain walls